**COMING EVENTS FOR TERM 4**

<table>
<thead>
<tr>
<th>COMING EVENTS</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>10 Dec</td>
<td>Annual Awards Presentation Night 6.00pm for 6.30 start</td>
</tr>
<tr>
<td>Thursday</td>
<td>11 Dec</td>
<td>Quicksmart 2014 Graduation Ceremony</td>
</tr>
<tr>
<td>Friday</td>
<td>12 Dec</td>
<td>Year 8 Green/Yellow Chinatown Excursion</td>
</tr>
<tr>
<td>Monday</td>
<td>15 Dec</td>
<td>Duke of Ed Hike</td>
</tr>
<tr>
<td>Tuesday</td>
<td>16 Dec</td>
<td>Duke of Ed Hike, Jamberoo PBS</td>
</tr>
<tr>
<td>Wednesday</td>
<td>17 Dec</td>
<td>Last Day Term 4</td>
</tr>
<tr>
<td>Thursday</td>
<td>18 Dec</td>
<td>Staff Development Day</td>
</tr>
<tr>
<td>Friday</td>
<td>19 Dec</td>
<td>Staff Development Day</td>
</tr>
</tbody>
</table>

**COMING EVENTS FOR TERM 1 2015**

<table>
<thead>
<tr>
<th>COMING EVENTS</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>27 Jan</td>
<td>Staff Development Day</td>
</tr>
<tr>
<td>Wednesday</td>
<td>28 Jan</td>
<td>Students in Years 7, 11 and 12 return</td>
</tr>
<tr>
<td>Thursday</td>
<td>29 Jan</td>
<td>Students in Years 8, 9 and 10 return</td>
</tr>
</tbody>
</table>

The Principal and Staff of Corrimal High School wish you and your family a safe and happy holiday and a joyous Christmas. See you all in 2015.
Library News

Your school library always has a new book that is waiting for you. Try one of these gripping new ones. Books are better than ever. Be the first to read one of these fabulous new books. There is always the perfect one for you in our school library.

If there is a review by John Green on the cover, it’s a guarantee it will be amazing. ‘Thrilling, beautiful and blisteringly smart, We Were Liars is utterly unforgettable.’

‘We Were Liars’ by E. Lockhart is a modern, sophisticated suspense that will leave you reeling. Read it. And if anyone asks how you how it ends, just lie.’

Wise, Young, Foul – Sean Beaudon
‘Part of Ritchie wants to drop everything and walk away. Especially the part that’s serving ninety days in a detention centre. Telling the story leading up to his arrest, Ritchie grabs readers by the throat (polite) inviting them along for the (max-speed) ride.’

Defector – Susanne Winnacker
‘An unpredictable page-turner – reminiscent of a Stephen King novel.’ ‘Extraordinary powers, real life crime. Tessa is a variant, able to absorb the DNA of anyone she touches and mimic their appearance.’

This star won’t go out – Esther Earl
Love John Green? This is the true story that inspired The Fault in Our Stars. ‘It’s a story about me, Esther Earl, having a sickness that’s pretty scary.’

Now You See Me…but can you trust me? – Emma Haughton
Inspired by a true story. ‘Three years ago, thirteen-year-old Danny Geller vanished without a trace. This is the story of what happens when hope comes back to haunt you. A mesmerising psychological thriller with the most incredible twist you’ll read all year.’

Land – Alex Campbell
‘The sea rose. Civilisation drowned. Land became our saviour. Chloe knows that life is a set of rules; and rules are inherent to survive. The rules of Land decide what colour clothes you must wear. What job you must do. How much food you can eat…Rules are not there to be broken. Not in Land.’

Falling into Place – Amy Zhang
‘She would be an object in motion that would stay in motion, even if it meant flattening everything in its path. Inertia, force, mass, gravity, velocity, acceleration…cause and effect. Liz Emerson doesn’t understand any of it. But I do, I understand how we fall.’

S Cutsforth
Teacher Librarian
## Term 1 2015 Sport Choices

<table>
<thead>
<tr>
<th>SPORT</th>
<th>LOCATION</th>
<th>Cost</th>
<th>Transport</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ten Pin Bowling</td>
<td>Northern Bowl</td>
<td>$8 per week for one game</td>
<td>Free bus</td>
</tr>
<tr>
<td>Tennis</td>
<td>Memorial Park, Corrimal</td>
<td>$4 per week</td>
<td>Walk to venue</td>
</tr>
<tr>
<td>Bike Riding</td>
<td>Bike Paths- must have own bike and Aust Standards helmet</td>
<td>NIL</td>
<td>Bike</td>
</tr>
<tr>
<td>Swimming</td>
<td>Towradgi Ocean Pool</td>
<td>$5 per term for wristbands</td>
<td>Walk</td>
</tr>
<tr>
<td>Beach Activities</td>
<td>East Corrimal Beach</td>
<td>NIL</td>
<td>Walk</td>
</tr>
<tr>
<td>Lawn Bowls</td>
<td>Bellambi Bowling Club</td>
<td>TBA</td>
<td>Walk</td>
</tr>
<tr>
<td>Surfing</td>
<td>Surrounding beaches</td>
<td>Wristband cost and APOLA course = $10 total per term</td>
<td>Walk</td>
</tr>
<tr>
<td>Fishing</td>
<td>Various venues</td>
<td>$1 each week for bait</td>
<td>Walk</td>
</tr>
<tr>
<td>Walking</td>
<td>Surrounding bike track and/ or beaches</td>
<td>Nil</td>
<td>Walk</td>
</tr>
<tr>
<td>Underwater Hockey</td>
<td>Continental Pool</td>
<td>$5 per week</td>
<td>Parent drop off/pick up</td>
</tr>
<tr>
<td>Softball/Tball</td>
<td>School</td>
<td>Nil</td>
<td>At school</td>
</tr>
<tr>
<td>Volleyball</td>
<td>School Courts</td>
<td>Nil</td>
<td>At school</td>
</tr>
<tr>
<td>Relaxation</td>
<td>School</td>
<td>$5 per term</td>
<td>At school</td>
</tr>
<tr>
<td>Paddle Tennis</td>
<td>School</td>
<td>Nil</td>
<td>At school</td>
</tr>
<tr>
<td>Soccer</td>
<td>School</td>
<td>Nil</td>
<td>At school</td>
</tr>
<tr>
<td>Ultimate Frisbee</td>
<td>At school</td>
<td>Nil</td>
<td>At school</td>
</tr>
<tr>
<td>Darts</td>
<td>School</td>
<td>Nil</td>
<td>At school</td>
</tr>
<tr>
<td>Year 7 Sport</td>
<td>School Fields</td>
<td>Nil</td>
<td>Various</td>
</tr>
</tbody>
</table>
Contacting CAYMHS

For more information:
Phone: (02) 4254 1600

Site Addresses:
WOLLONGONG
1-5 Atchison Street, Wollongong, NSW, 2500 (downstairs)

SHELLHARBOUR
Adolescent Day Unit, Shellharbour Hospital, NSW, 2529
(Attendees of the Adolescent Day Unit only)

NOWRA
40 Worrigee Street, Nowra, NSW, 2541

What services does CAYMHS offer?
The initial CAYMHS appointments are known as Options Appointments. These appointments are designed to determine the most appropriate treatment options for the child or young person and provide the young person and/or their carers a choice from these options.

Options may include:
- Individual counselling
- Counselling and support with families
- Assessments
- Group programs for children, young people and families
- Parent education
- Referral to other services including: Drug and Alcohol
- Education
- Housing
- Juvenile Justice
- Headspace

The list of options may not include CAYMHS.

Confidentiality
CAYMHS complies with all NSW Health confidentiality and Mandatory Reporting requirements.

What is CAYMHS Illawarra - Shoalhaven?
The Illawarra Shoalhaven Child, Adolescent and Youth Mental Health Service (CAYMHS) is a free service. We aim to identify, treat and reduce the impact of moderate to severe mental health difficulties on young people and their families.

Who we see
CAYMHS is a Specialist Child, Adolescent and Youth Mental Health Service for children and adolescents up to the age of 16 presenting with moderate to severe mental health difficulties. These presenting problems are assessed as disorders due to the association of:
- Severity
- Persistence
- Complexity
- Risk of secondary disability
- State of child/adolescent's personal development
- Presence or absence of risk factors
- Presence or absence of stressful social and cultural factors

Specialist services—see separate flyers
- Youth Mental Health (ages 14-24)
- Eating Disorders Service (ages 12+)
- Perinatal Mental Health (Women with kids under 2)
- CO-Pitt (Children of parents with a mental illness)

Referral Process
- You can make a referral to CAYMHS by calling 4254 1600 and requesting a referral form.
- CAYMHS accepts referrals from qualified clinicians only, for example School Counselors, Psychologists, Qualified Social Workers or Medical Practitioners.
- For any enquiries ring the CAYMHS Duty Clinician on 4254 1600 Monday to Friday between 8am and 4pm.

What happens next?
- Staff at CAYMHS review referral forms each day. CAYMHS will contact the referer for more information if required.
- Children and young people that are assessed as eligible for a CAYMHS service will be offered an Options Appointment within four weeks of receipt of referral. The referer will be notified of any non-acceptance of referral.

EMERGENCIES
In an emergency where you feel a child or young person is about to harm themselves or someone else, we suggest that you involve a support person or parent and get the child or young person to go to the Accident and Emergency Department of your local hospital.

CRISIS AND EMERGENCY CONTACTS
DIAL 000

NSW MENTAL HEALTH LINE
1800 011 511

LIFELINE
13 11 14

KIDS HELPLINE
1800 551 800

Basketball Illawarra
COMMENCING 27th MARCH 2015
FRIDAYS 4.30pm onwards

Boys & Girls Competitions
Juniors—Years 7 & 8
Seniors—Years 9, 10, 11 & 12

Team Registration Details
Available Term 1
Contact the Stadium
For More Information