## COMING EVENTS FOR TERM 3 2015

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Wednesday</td>
<td>19 August - 27 August</td>
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<td>Thursday</td>
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<td>Monday</td>
<td>31 August – 4 September</td>
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<td>Monday</td>
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<td>Thursday</td>
<td>10 Sept</td>
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<td>Friday</td>
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By AGGON LATIFI

They raced miniature cars in a small modified Formula 1 track but Corrimal High School still raised the bar for its feeder primary schools through the F1 in Schools Technology Challenge. Industrial arts teacher Craig Mulder said Corrimal High incorporated STEM (Science, Technology, Engineering and Maths) into its curriculum last year to show primary school parents and students the opportunities available.

To further this push, Corrimal implemented the F1 in Schools program this year and invited students from Tarrawanna, Corrimal East and Corrimal public schools to participate in the multi-disciplinary program run in 17,000 schools across 31 nations. “It inspires students to learn about engineering principles such as physics, aerodynamics, design, manufacturing, leadership, teamwork, media skills and project management and then apply them in a practical, imaginative, competitive and exciting way,” Mr Mulder said. “Each team had to have a team captain, two design engineers and two graphic designers. They spent 1½ hours every Wednesday for 10 weeks using programs such as Google SketchUp to design their drawings for the car body shapes and then incorporate the latest technology 3D printing.”

“It was great to see such young enthusiastic people involved so completely each week and learning new skills to accomplish today’s final result.” Mr Mulder said.

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The Adult Migrant English Program (AMEP) provides free English Language learning to eligible migrants.

To see if you are eligible please ring 4229 0155.

The AMEP is funded by the Department of Education and Training.
Premiers Sporting Challenge

Last Thursday was the culmination of the Premier’s Sporting Challenge at Corrimal High School. Our school hosted Year 5 and Year 6 students from our community of schools and a range of students from Year 7 and Year 8. This day was organised and run by our Year 9 and 10 student leaders who attended a Leading with Action workshop in November last year. It was during this workshop that our students learnt the necessary skills to coach their peers and younger clientele in sports ranging from Dance, Fitness, Golf, Soccer, Rugby League and Softball.

To say that our Year 9 and 10 coaches were fantastic would not be doing them justice. The professional attitude, dedication to the day, the consistent effort and hard work from every coach involved was a credit to the nature of our future leaders. Being able to watch our amazing students manage coaching sessions all day and pass on their learnt skills makes me very proud to not only be associated with the PSC program but also of our students striving to reach their full potential.

Every teacher who attended from the four primary schools praised our coaches for their behaviour and organisation and can’t wait to bring the next group through next year. I want to congratulate our student coaches and student participants for their perseverance as this Learning to Lead day took three terms to eventuate. Even though the event was postponed several times our students still believed in the program and they deserve recognition for their efforts.

All student coaches in Year 10 have now been extended the opportunity to attend an all-expense paid 3 day camp to further develop their sport leadership skills. This camp will take place in November at the Berry Sport and Recreation camp.

Any students entering Years 9 and 10 next year will also be given the opportunity to attend the initial steps of the 2016 Premier’s Sporting Challenge in early November and become one of Corrimal High Schools future sport leaders. These students will attend a one day course where they learn coaching skills to pass onto the primary school students in 2016.

Mr Abbott
Young Women’s Forum – Port Kembla Community Centre – August 2015

On the 6 August, young women from Year 10 Corrimal High had the exciting opportunity to participate in the Young Women’s Forum. The experience that we had was truly overwhelming and was such a pleasure to be a part of. The day was fun-filled with meeting new people from Warrawong High, Figtree High, Port Kembla Senior College and the young women from Headspace.

It was a great opportunity to explore various topics that young women in our year truly connect to and to make new friends in the process. The girls from Corrimal High will never forget the times we shared with others laughing and sharing our talents, whether it was drawing, dancing, acting or just being yourself. We would love to experience that sort of special day again and can’t wait for more opportunities like this to come by.

Victoria Kamaris – Year 10 – on behalf of Kiara Fensom, Emily Spirovski, Rebecca Shepstone, Krystal Wells, Kiah Matthews and Ms Cutsforth.

Annual Snow Trip

On Sunday 2nd August Mr Wellings, Ms Craig and I had the pleasure of taking 30 Corrimal High Students to Thredbo for the school’s annual snow trip. Once again we embarked on this amazing journey with Marsden High School and were greeted with 15cms of fresh snow for the first morning.

We had a drastic change in student interest from skiing to boarding this year with 90% of our first time attenders choosing to snow board. This made for lots of excitement and worried faces as the initial lessons set off. By lunch time on the first day there were tears, laughter and life changing experiences to be discussed, not to mention sore and exhausted bodies.

After the morning session it was time for our students to explore the mountain, practise learnt skills and seek out advice from the more experienced students. All three teachers got the opportunity to work with students who were being placed outside their comfort zone. This is when teaching is at its most rewarding and challenging. Getting to see skill improvement, overcoming challenges and never giving up is the main reason that the annual snow trip is so amazing. Throughout the first afternoon I was able to witness students who were struggling to even stand up or make a turn and had the pleasure of watching frustration turn into achievement. Even if it was only a minor improvement when in the Alpine environment, seeing our students make even the slightest improvement is such a rewarding experience because you just know that they will continue to grow throughout the upcoming days.
The first evening on camp gives the students the opportunity to visit the aquatics and recreation centre. Students use this time to get into the warm water, relax sore muscles and attempt to beat Mr Wellings and myself on the ‘Mission Inflatable’ obstacle course in the pool. This hour sees some of the most amazing falls and slips into the pool and the shared laughter really brings the group together.

Our second morning was a beautiful sight! A blue bird day with gorgeous sunshine and limited wind. This is an Alpine enthusiast’s dream day. After the first day of wet snow and high winds it was great to be able to see students enjoy themselves and thrive in the alpine environment. Students could explore and actually reach the summit, watch their friends riding and crashing from the chair lift and throw a snow ball, and actually see where it went. It was great to see students asking to go into a higher group to improve their skills and it was even more positive to watch students who were struggling still showing up with a positive attitude and trying to do their best.

The second afternoon was the time to spread out and witness our students shredding up the hill. Seeing some amazing crashes and the resilience of our students to jump straight back up was highly rewarding. Even Mr Wellings was able to rebound, smile and move on after being taken out by a CHS student. He has since found out that this incident was the reason for needing to have shoulder surgery.

Our last morning was unfortunately back to unpleasant weather. High winds, lift closures and limited visibility (welcome to the alpine environment). Lessons were sent off to lower areas of the mountain to avoid the wind and students were given the chance to gain their last piece of professional instruction and direction for the trip.

Fortunately after lunch the sun decided to re-join the mountain and those students who rode out the weather were rewarded with a warm, clear and smooth last few runs before joining the bus to head back to school and reality. All accept poor Brad who managed to fall and break his collar bone on the very last run of the day.

Overall the annual snow trip was a great learning curve for our students and a very positive adventure. I can’t wait to go again next year and see the smiles, improved skills and amazing Corrimal High School students shredding up the ski hill.

Mr Abbott
On Tuesday the 18 August I had the pleasure of seeing a very talented group of students compete at the annual South Coast Public Speaking competition held at Holy Spirit College. Our representatives were Kai Esdale, Thomas Logan, Jackson Luke, Maggie Esdale, Ryan Ren, Jordan Foster and Mackenzie Baker.

These students were wonderful school ambassadors and Mr Crawford and I were most impressed with their hard work. They showed commitment to our school and definite leadership ability and I was so very proud of them. They spoke on topics as diverse as extreme weather warnings, homelessness, domestic violence, the war in Afghanistan and climate change. They proved to be very thoughtful young people and I am delighted to be able to report that Mackenzie Baker placed third with her very thoughtful speech about teen suicide. Well done to our team and I hope to see you all back next year.

Anyone interested in public speaking should see me and register their interest.

Ms Mahon

Early Departures from School

From time to time students need to leave school early for medical/dental appointments, or family/personal reasons. In this situation students must bring a note, explaining the circumstances, signed by their parent. Students need to hand these notes into the front office (or the sports department on Wednesdays) before roll call. They pick up their official Early Departure Pass at recess. If a student needs to leave prior to recess the pass will be issued straight to the student. Students must not leave the school grounds without permission.

Illness

Students who become ill at school should request a note from their teacher and then report to the DP. The school will then contact the parent for permission to leave. Students must not contact parents by mobile phone to organise their own leave – the school has a duty of care and must make these arrangements.

Mr Mar
Deputy Principal
Registration Days - Friday 11th September
& Friday 18th September 5pm - 6:30pm at
Woonona Bulli Rsl Club
Or
Saturday 26th September 9-11am at
Bulli High School Athletics Oval
this is a “try it / learn what to do” Day - open to all
NILAC athletes and their Parents.
Enter Via Alroy Street.

ALL Registrations will need to be completed online by visiting
www.lansw.com.au and following the links.

Option 1: Rego Online but Pay by Cash- $100 per athlete (U6-
U17) $80 per Tiny Tot (U4yrs -U5)
Option 2: Rego Online and Pay on Line - $120 per athlete (U6-U17)
$100 per Tiny Tot (U4yrs -U5)

** New Rego’s please bring your Birth Certificate
or Blue Book on Rego Day **

Tiny Tots are required to have supervision at all times.

All other Age Groups are required to have 1 parent/ adult per
family that is required to help out each Friday afternoon, at a
designated job as part of your registration. All children must
have adult supervision whilst at NILAC at all times.

Competition starts Friday 9th October 2015

At 4:15pm then every Friday afternoon after that of the School
term on the back oval at Bulli High School Access via Alroy, Jardine
& Godolphin Streets
2 Week Consecutive Trial is Available at a cost of
$20 per athlete
Uniform Shop is Open on all Registration Days
Any further info please Call our President
Wanda on 0400 663 943
Email: northernillawarralac@yahoo.com.au
Face book: Northern Illawarra Little Athletics Club

Parent Involvement is essential to the running of any athletics
club. Supervision of 1 parent / adult is required per family at
all times whilst competing at our club.